



MnDra Distance Riding Clinic

April 20th, 2019

9928 Rich Valley Blvd.
Inver Grove Heights, MN 55077

Are you considering distance riding or driving but aren't sure? This is the clinic to learn all about the sport. Whether you have never been to a ride and want to learn the basics or you're ready to step up into longer distances, we have information for all experiences.

COST: Register by April 12th: \$10/session or \$20/all day. Register at the door: \$15/\$25

Schedule

AM Session

Introduction to Distance Riding 9:00 AM to 12:00 PM

- What is distance riding (Novice/Intro, Competitive, LD, Endurance)
- Getting started; Conditioning for your first ride.
- What to expect at ride camp.
- What are P&R's and why are they important?
- Vet checks—what to expect.

Lunch 12:00 PM to 12:30 PM

Breakout mini-sessions (30 minutes each) 12:30 PM to 1:30 PM

- Camping at the rides—what you really need.
- Non-traditional distance horse
- Learn to take your horse's P&R—hands on, limited to 6 people)
- Overcoming obstacles and breaking through to successful rides.
- All about distance driving.

PM Session

Advanced Distance Riding - 50 Miles & More 1:30 PM to 4:30 PM

- Conditioning for longer distances
- Feeding the endurance horse
- Electrolytes: You can lead your horse to water.....
- Making the most of your holds
- Managing the heat
- Listening to your horse.

For more information, visit our Facebook Event Page

<https://www.facebook.com/events/1092037790975044/>

Door Prizes & More!!

2 FREE Hoof Armor kits worth \$60 each! See www.hoofarmor.com.

1 FREE Massage Gift Certificate from Katy Batthis, Equine Massage Therapist.

2 FREE Novice ride entries for the Mosquito Run ride at Crow Hassan Park in Rogers, MN on Sat., July 13th and Sun, July 14th worth \$25 each.

1 FREE Novice ride entry for the Border Battle Boogie ride at Gov. Knowles State Park in Cushing, MN on Sunday May 19, worth \$35.

PLUS! All first time clinic attendees will receive a **complimentary first year UMECRA membership** valued at \$25.





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SAVE THE DATE!

Mock Ride Camp Weekend: 5/10-12/2019

Get the whole ride experience without the stress of actual competition, with people there to coach you through the process.

The camp and mock ride will be held at the Riverbend Group Camp in Crow Hassen Regional Park in Rogers, MN (site of Mosquito Run in July).

The campground will be open the evening of Friday, May 10th and goes through Sunday, May 12th (Mother's Day). The actual mock ride will be on Saturday, May 11th. You can stay 1 or 2 nights.

For additional information, the [Mock Ride Flyer](#) is on the website at www.mndra.com.

Current or prior clinic attendance is required to participate in the mock ride.

NOTICE:

The clinic is held in an unheated indoor arena. Dress appropriately! While some seating is available, it is recommended for you to bring a folding chair and possibly a lap blanket if it's chilly.

REGISTRATION FORM—Distance Riding Clinic April 20th, 2019

Cost (per person)

\$10/session; \$20/day if paid before April 12.

\$15/\$25 at the door

Breakout sessions, lunch, and beverages are included in price of either AM or PM session.

Mail payment to Peggy Pasillas at 9928 Rich Valley Blvd, Inver Grove Heights, MN 55077. Make check payable to Peggy Pasillas. Checks will be held until day of clinic.

No printer? No problem! Just send the information below in place of this form.

Questions? Contact Peggy: Peggy@pasillas.net 651-353-7959 (evenings)
or Joan Elbert jddreamcatcher@aol.com or 651-387-2644.

Name	AM	PM	Email	Phone